

# ONE-TO-ONE MENTORING

## PARENT INFO

[bbbsu.org](http://bbbsu.org)



### COULD YOUR LITTLE ONE USE A BIG?

It all starts with the right role models. We recruit, screen, match and support mentoring relationships that have changed the lives of thousands of youth across Utah — one Little at a time.

Studies find that kids matched with a Big Brother or Big Sister:

- Are more confident
- Are more likely to steer clear of drugs and alcohol
- Do better in school
- Get along better with their family and friends
- Feel better about themselves

### Parents wanted.

You know what's best for your child. So we'll need your help from the start, by providing information about your child's strengths and needs, and ultimately approving the Big Brother or Big Sister. But your role doesn't end there. We'll be talking with you and your child over the life of the match, to make sure your child is best positioned for success in school and outside of school with friends and family.

### Safety from the start.

Your child's safety is extremely important to us. Before you are matched we will help you learn some important things about keeping your child safe. We conduct a multi-level background check on each volunteer. Then, along with you, we monitor and support the mentoring relationship.

### Get started.

For more information visit our website at [bbbsu.org](http://bbbsu.org) and complete the online application. You can also reach us by phone at 801.313.0303 (select option three) to be connected with our Family Coordinator.



# IS MY CHILD READY FOR A MENTOR?

The Big Brothers Big Sisters of Utah Community-Based Mentoring Program ignites the potential of kids aged 6-18 who face opportunity gaps. It matches volunteer mentors ("Bigs") to children ("Littles") on a one-to-one basis.

So, how can you know if your child is ready for a Big? If you can answer "yes" to the four questions below, your child may be ready for a mentor!

1. *Can my child speak up for himself or herself?*
2. *Can my child form and maintain friendships?*
3. *Does my child want to have a mentor?*
4. *Can I commit the time necessary to support the mentoring match?*

**Is your child ready?**

**We are now enrolling children ages 6-16 in Salt Lake, Davis, Weber, Utah, Summit, and Washington counties.**

**To get started, visit our website at [bbbsu.org](http://bbbsu.org) or phone 801.313.0303.**



**Big Brothers  
Big Sisters.**  
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