

SITE-BASED IMPACT REPORT 2019



Little Brother Noe and Big Brother Don have been matched for more than a year.

When the two were matched, Little Brother Noe was shy and sometimes struggled to make new friends.

Big Brother Don has helped Noe find some much needed confidence. By having a positive and consistent role model in Don, Noe has made improvements both at home and in school.

Noe is finding it easier to make friends and to talk to adults.

Noe's Mom has already seen improvements in his social skills and noted that on days he meets with his Big Brother, when I ask how his day was, "he always says he loves the program," and it has helped him come out of his shell.

THE SITE-BASED LITTLES

339

children served

15

schools in Utah served (13 Title I)

10

average age of children served

8,815

hours of mentoring received



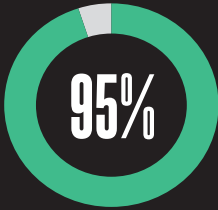
**Big Brothers
Big Sisters.**
OF UTAH

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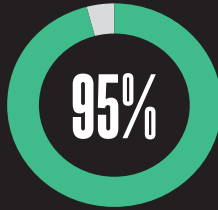
2019 SITE-BASED MENTORING YOUTH OUTCOMES



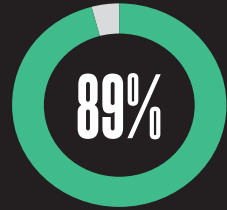
(all improvements noted
are statistically significant)



*reported
improvement
in scholastic
competence*



*reported
increased social
acceptance*



*reported
increased
parental trust*

The Big Brothers Big Sisters of Utah Site-Based Mentoring Program defends the potential of kids who face opportunity gaps. It matches volunteer mentors to children on a one-to-one basis.

Mentors and children meet after school at a designated time and place for about one hour weekly during the academic year at one of 15 sites across Utah.

A 2013 study shows that a reduction in depressive symptoms is the strongest benefit from mentoring for youth facing opportunity gaps.

Mentoring promotes positive social attitudes and relationships. Mentored youth tend to trust and communicate better with their parents.

