

COMMUNITY-BASED IMPACT REPORT 2018

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Seeking a safe and peaceful home, Little Sister Niyat and her family moved from Eritrea to Utah.

Niyat loved school and was used to succeeding in school. Learning was more challenging in her new home country.

Because this difficulty undermined her self-confidence, her father contacted Big Brothers Big Sisters. He hoped to find a mentor for Niyat who could help her find her way in her new country.

That's where Big Sister Alysha came in. Alysha helped Niyat practice English and introduced her to American culture and to her new community. She gave Niyat opportunities to try new things and to see that she could succeed.

When Niyat was able to purchase tickets to Tracy Aviary speaking only English, the pair celebrated her significant accomplishment!

With Alysha's support and friendship, Niyat regained her self-confidence in many areas.

Now, after nearly a year together, Niyat says that what she likes most about Alysha is that she is fun, kind, and "helps me learn."

THE COMMUNITY-BASED LITTLES:

In 2018, BBBSU served 661 children through Community-Based mentoring; their average age was 13. Utah mentors spent approximately 41,000 hours with their Littles in 2018.

85%

live in poverty

78%

are children of color

74%

had mentors for at least 12 months

YOUTH OUTCOMES FROM 12 MONTHS OF COMMUNITY-BASED MENTORING



(all improvements noted are statistically significant)



reported improvement in scholastic competence



reported they were less likely to engage in risky behaviors



reported increased parental trust



have a non-parent adult they can rely on

The Big Brothers Big Sisters of Utah Community-Based Mentoring Program defends the potential of kids aged 6-18 who face opportunity gaps. This program has existed in the US since 1904 and in Utah since 1978. It matches volunteer mentors to children on a one-to-one basis.

The pair then meet two to four times per month for fun activities which also focus on working toward development goals for the child. Activities center around five "thriving indicator" areas: healthy habits, life skills, love of learning, positive relationships, and social skills. Research shows that mentoring promotes development in these five vital areas.

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